



## **SHIRLEY MEAR**

**DEEP TRANCE MEDIUM AND AUTHOR OF SHAMANIC  
TRADITION**

**GIVES VOICE TO THE STANDING BEAR**

**SOUL HEALERS OF THE SEVEN STARS**

**MAILING LIST NOW OPEN**

You are offered a unique opportunity of sitting in Circle for a weekend of Meditation and Communication with The Realms Spiritual under the loving guidance of The Standing Bear who comes to offer Words of Healing for The Broken Heart of Man.

Come and enjoy a relaxed and supportive experience of gentle conversation with The Realms Spiritual to consider the precious worth of your Very Own Soul to The Divine Creator and the gifts you have to offer others through growing self-awareness and confidence in your abilities.

The weekend is designed as a possible introduction to the four progressive weekends devoted to the Philosophy of The Realms Spiritual for the expansion of self-knowing and working within the Trance States as well as a commitment to establishing Circles of Seven wishing to continue both in their own development and as Soul Healers of The Seven Stars.

Hear Spirit Speak and join your Energy with Theirs as The Standing Bear Chants Healing.

Spaces within the introductory Circles are limited so please contact Shirley via email: [abigailacorn@btinternet.com](mailto:abigailacorn@btinternet.com) or by telephone: 07905 231312 to add your name to the List and to request a booking form.

For more information please visit [www.thestandingbear.co.uk](http://www.thestandingbear.co.uk)